

BREAKFAST MENU



Self selection from the buffet

CHILLED FRUIT JUICE

SELECTION OF CEREALS AND HOME MADE MUESLI

FRESH AND DRIED FRUIT COMPOTE

NATURAL OR FRUIT YOGHURT



FULL 'CORNISH' BREAKFAST

(BACON, SAUSAGE, FREE RANGE EGGS, TOMATO & MUSHROOMS)

FREE RANGE EGGS

(POACHED, SCRAMBLED OR BOILED)

KIPPERS

CONTINENTAL BREAKFAST

Simply served with CROISSANTS & PRESERVES

Or to include a selection of CHEESES AND HAM



AGA TOAST

WITH HOMEMADE MARMALADE

OR PRESERVES

CAFETIERE OF GROUND COFFEE *(decaf. also available.)*

POT OF ENGLISH TEA *(herbal, fruit and decaf. also available)*